

Here is a sound no mother wants to hear. It is pertussis, whooping cough. If you think it is hard to listen to for sixty seconds, imagine listening to it again and again, for an hour, then 2. Imagine it continues over the course of a day and into the night for weeks, even months. Now imagine this sound is coming from your baby. Pertussis is most often spread by parents and it is potentially fatal to infants. Even when babies themselves are vaccinated, they are not protected until after 3 or 4 doses. So do what I did. Help protect your baby by protecting yourself. Ask you health care provider for information about the adult pertussis vaccine. Because, what would you do if your baby caught this from you.