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FOR IMMEDIATE RELEASE:
June 12, 2009

Escambia County Health Department confirms four cases of H1N1 Flu
- Risk to general public is low; infected individuals isolated -

PENSACOLA – The Escambia County (FL) Health Department confirms four cases of H1N1 Flu (Swine Flu) in Escambia County, Florida. The affected adults have been given the appropriate medication and are isolating themselves to avoid spreading the disease.

“Evidence indicates that the risk to the general public is low,” said Health Department Director Dr. John Lanza. “Disease investigators are talking with individuals who have been in close contact with the infected adults and have not yet identified additional cases.”

The virus is believed to be circulating widely in Florida and the nation. Most people who have become ill with novel H1N1 in the U.S. have not become seriously ill and have recovered without hospitalization.

Threat to General Public is Low

Escambia County (FL) Health Department officials believe that the threat of widespread illness from H1N1 Flu (Swine Flu) in Escambia County is low. To stop the spread of any disease, residents should:

- Stay home from work or school when sick;
- Contact their physician or health care provider if they experience cough, fever and fatigue, possibly along with diarrhea and vomiting;
- Avoid close contact with people who are coughing or otherwise appear ill;
- Avoid touching their eyes, nose and mouth;
- Wash hands frequently;
- Cough or sneeze into a tissue or upper sleeve -- not onto hands -- and put used tissue in the waste basket;

Symptoms of H1N1 Flu (Swine Flu)

The symptoms of H1N1 Flu (Swine Flu) in people are similar to the symptoms of Seasonal Flu and include fever, cough, sore throat, body aches, headache, chills and fatigue. Some people report diarrhea and vomiting associated with H1N1 Flu. Like seasonal influenza, H1N1 Flu may cause a worsening of underlying chronic medical conditions.

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